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#### Kinsale Quarter, The Glen, Kinsale

Phone: 021 4772843 Fax 021 4773137 Email: kinsale@supervalu.ie Online: shop.supervalu.ie

Trading Hours: Mon - Sat: 8am - 9pm Sunday: 9am - 9pm

# smith's of Kinsale Supervalu Real Food, Real People





#### NEW WORLD WINE SALE Oyster Bay Range 75cl €10 Save €4.99

McGuigan Cellar Select Range 75cl €8.50 Carinya Ridge Range 75cl €6 Save €3.99



Confidence of the second secon





with special guests Louise Coughlan, Make-up Artist and Cathy O'Brien, Stella + Dot.

Come and enjoy a girlie evening with us at Café Blue. Raffle on the night to raise money for a great cause.

Looking forward to seeing you on the night!

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Call 021 496 3749 for more information.

or visit **www.corkgascentre.ie** Cork Gas, Forge Hill, Cork





# KINSALE Ø ST. PATRICK'S DAY COFFEE MORNING & BOOK SALE

Coffee Morning including sale of Books CDs, DVDs and Handbags. Saturday 7th February 10am - 2pm Temperance Hall All welcome!

Donations of books, dvds, cds & handbags can be dropped into Angela in Kinsale Tourist Office. If you would like to donate a cake/bread please contact the committee at kinsaleparade@gmail.com

Your support would be greatly appreciated for this great community event.

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Actens

of Kinsale

JANUARY SPECIAL OFFER Beat the January Blues!

Had a great Christmas & New Years? Feeling a bit blue?

## KICK START YOUR NEW YEAR WITH OUR SPECIAL OFFER 20% OFF 12 MONTHS MEMBERSHIP 10% OFF 6 MONTHS MEMBERSHIP

Not including Direct Debit Memberships / Terms & Conditions Apply

INDOOR CYCLE CLASS Mondays 7pm Fridays 6.45pm EXERCISE FOR OVER 55s Tuesdays 9.30am HIGH INTENSITY CLASS Wednesdays 7am

MORNING STRETCHING Wednesdays 7.30am CIRCUITS CLASS Thursdays 7pm WATER EXERCISE & WEIGHT LOSS Mondays 6.30pm Wednesday 10.30am

To book the above classes please ring 021 477 2345 Cost: €10 non-members or €5 members

PARENT & TODDLER CLASS Thursdays 10am Phone Marie-Anne 085 854 9246 SWIMMING LESSONS Group and Private Lessons Text Sue 086 382 8463

PHYSIO FIT Pilates Classes, Physiotherapy Treatment Phone Karen 087 672 8232

For any questions on Classes, Membership or Personal Training please call Actons Health & Fitness Club on 021 477 2345







# Practical First Aid Course

Thursday 6th February at 7pm Over 6 Nights

Venue: Red Cross Centre, Kinsale

Cost: €90 Registration and payment on the evening. SCILLY, KINSALE Tel: 477 2436 | www.thespaniard.ie Saturday 31st January, 10pm JUG A PUNCH Grapevine Promotions presents **JOHN SPILLANE** Plus support Saturday 28th February, Doors 8pm

Tickets €15 on sale now from www.uticket.ie & the bar on 021 4772436

Food Served Daily Sunday Roasts Always Available Restaurant Open All Weekend ~ Private Parties Catered For ~ Call 021 4772436 for details.

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Email: info@kinsaleadvertiser.com

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# THE FITNESS YARD KINSALE

CrossFit Trainer · Group Classes · Olympic Weight Lifting Mobility Classes & Screening · Nutritional Therapy Personal Training · Kettle Bells · Boxing



7

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Looking for the perfect venue to hold a communion/confirmation? We have the perfect place.

BLUE HAVEN

## Blue Haven, Kinsale

Call 021-4772209 or email info@bluehavenkinsale.com

Menu available for €24.95 for adults and €13 for children. So why not come to Blue Haven, Kinsale for a superb day with a delicious menu, great atmosphere and great service in the surroundings of beautiful Kinsale.

www.bluehavencollection.com

## Office Administrator (Full Time) required in our busy Kinsale office - immediate start

We are looking for a people person, who has a strong business acumen and a professional and friendly manner. Excellent communication skills, a strong customer focus, attention to detail and good organisational skills are all a prerequisite. The ability to multi-task and prioritise in a fast paced office environment is essential.

Previous experience of at least 1-2 years in a customer, sales or administration role is required. Fluent English is an absolute must, a second European language would be desirable.

If you feel you fit the above criteria, please email your CV for the attention of Ron Krueger to cork@engelvoelkers.com for immediate consideration.

71 Main Street · Kinsale · County Cork Telephone 021-477 3200 · Cork@engelvoelkers.com · www.engelvoelkers.com/Cork



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# John O'Shea Irish Guitar

**Album Launch Tour** 

Featuring music from the debut album and music for violin and guitar with Anna Jane Ryan

Traditional Irish music and works by Handel and Rodrigo

St. Multose Church, Kinsale Saturday January 31st 2015 8pm Tickets €10 in association with Kinsale Music Academy



www.johnosheaguitar.com



# KINSALE ADVERTISER Only 2 issues to go to the Valentine's SSUe

**Reserve your advert now!** 

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www.bluehavencollection.com

obon Walk ie



to benefit action breast cancer

# 5 weeks to go and counting.... WILL YOU WALK WITH US?

**ONLINE REGISTRATION:** www.pinkribbonwalk.ie Manual registration at **Kinsale Pharmacy** 

## Thank you to all our Pink Partners to date.

1601 Off Licence Ann's Hair Creations Anthony Haves Armada Bar **Bel Ami Hair Studio** Cronin's Daisv Chain **DAOL Design & Print Eileen's Beauty Salon** Elite Dry Cleaners Euro Spar **Finishing Services** Frank Curtin Electrical Glitz James Murphy Estate Agent

Jim Edwards **Kinsale Discount Store** Kinsale Salon **Kinsale Silver** Kittv O'Sé's Lloyds Pharmacy Market Garden Michelle's Hair Salon Murphy's Shop Mylie Murphy's O'Connors Pharmacv Poets Corner Salvi's Café White House

Anyone wanting to become a **Pink Partner can contact** Finishing Services, 71 Main Street. 021 4773571



21 4772847 crackpots@iol.ie www.crackpots.ie Restaurant & Wine Bar

## Open Thursdays, Fridays and Saturdays until March



## Thursday night is our FILM & SUPPER NIGHT 2 course menu for €15.00

Booking essential Call Carole 087 6491322

## Friday 6th February Guest Piano Player DAVE MURPHY

Great new menu with small and large plates to suit all pockets. Superb selection of new wines by the glass.

Heineken and Murphys on TAP plus many craft beers and ciders.



Feidhmeannacht na Seirbhíse Sláinte Health Service Executive

If you want to improve your General Coping Skills, Assertiveness and Communication Skills, boost your Self-Esteem and build Emotional Resilience,

# UP-SKILL YOUR COPING SKILLS

PLEASE NOTE: This is a class in skills building, it is not group therapy. You do not have to talk about your problems in front of others.

WHERE? CARMELITE FRIARY, KINSALE

WHEN? THURSDAYS (5th, 12th, 26th February, 5th March)

TIME? 2pm to 3.30pm COST? FREE

For more information: **E-mail: keith.mulroy@hse.ie or ask your GP.** Or book your place by sending e-mail to **keith.mulroy@hse.ie** 021 477 9808

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Email: info@kinsaleadvertiser.com



Congratulations to all the newly engaged couples from over the Christmas & New Year period.



Please contact me to make an appointment or call in and I will be delighted to discuss various wedding packages with you both.

Mary Kirby O'Donovan 021 477 9900 / 087 755 8376 / mkodonovan@actonshotelkinsale.com www.actonshotelweddings.com

Please like our Actons Wedding Facebook page with tips & interesting blogs.



CÉILÍ MÓR: FRIDAY 30TH JANUARY ALL WELCOME!

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# Come & Visit Scoil Naomh Eltin



# **Open Night**

All welcome! Wednesday, 11<sup>th</sup> of February 2015 7.00p.m. to 8.30p.m.

Enquiries: 021-4774040 Email. info@scoilnaomheltin.ie

www.scoilnaomheltin.ie

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Food Served All Day Breakfast 8am - 11.30am À La Carte 12pm - 10pm daily

Serving Fresh Seafood, Shellfish, Steaks & Lamb Dishes delivered daily by local producers



Valentine's Weekend Special Valentine's Menu

LIVE MUSIC Saturday 31st January, 10.30pm BREAK THE MOULD Thursday 5th February, 9pm SHANE & FRIENDS

# LIVE SPORTS

PREMIERSHIP SOCCER Selected matches include... Saturday 31st January CHELSEA v MAN CITY 5.30pm

Sunday 1st February ARSENAL v ASTON VILLA 1.30pm

SOUTHAMPTON V SWANSEA 4pm
Sky SPORTS AT THE RACES

Your hosts The Frawley Family & Staff Tel: 021 477 2125

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## **COMMUNION & CONFIRMATION LUNCHES**



Take the hassle out of home entertaining and let us take care of every detail allowing you to relax and enjoy your little ones special day

# Adults €24.95 / Children €12.95

- Communion or Confirmation child dines FREE
- Complimentary supervised kids entertainment on selected dates
- Each communion child receives personalised dessert and gift

## Book Now. Call (021) 470 6000

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Interested in becoming involved in Ladies Football or Camogie in 2015?

# Why not join us on our "Spring into Shape" Free Family Walk.

on Sunday, 1st February, 2015 at 2pm

#### Meeting at Charles Fort Walking to Lower Cove and back again! Weather Permitting!!

Strict Parental Supervision at all times for duration of walk. No Bikes please! (Children or Adults) - Buggy Friendly Walk! Dogs very welcome! But must be on a leash please.

## WINNERS OF THE CLUB DEVELOPMENT DRAW

1st Prize; €1000: Neasa, Meabh and Sadhbh O Leary. 2nd prize; €500: Colm McCarthy, Abbeycourt. 3rd prize; €200: Brian Collins, Dunderrow.

#### Congrats to Brendan O'Sullivan who won the GAA Jackpot of €1000!

The lotto has been won 3 times in the past 4 weeks, so get your GAA Lotto ticket now! You could be the next lucky Jackpot winner!

## **DINNER DANCE AWARDS**

Intermediate Footballer of the year; Lyndon Kiely Junior Footballer of the year; Brian O'Regan Hurler of the year; Sean O'Brien Minor Player of the year; Kaelan O'Rourke Club Person of the year; Mairead Cronin!

Congrats!



### COMPUTER SALES

Computers • Laptops • Printers • Accessories • Ink toners 021 477 2042 087 807 3006 Email: Sales@CSonline.ie www.csonline.ie

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# NINE MARKET STREET

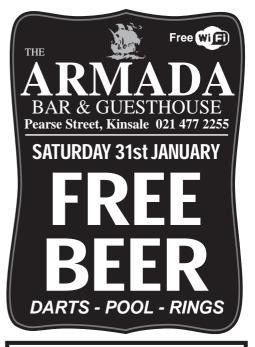
Open mornings for teas, coffees & baked goodies. Open daily for lunches. Open for weekend lunch & dinner.

Where to find us: Cucina reopened as Nine Market Street. Call for bookings 021 4709221

ninemarketstreet@gmail.com







## Are you a Kinsale Retailer? Come meet the Beacon Retail Team!

Following on from its recent success in various towns across the County, the Beacon Initiative would like to invite retailers based in Kinsale, to attend a public meeting on

#### MONDAY FEBRUARY 2ND IN ACTON'S HOTEL AT 7PM.

Presented by Padraig O'Sullivan, Beacon Initiative Programme Manager.

#### BENEFITS OF THE RETAIL PROGRAMME • Discussing best retail principles.

- Building a long term and realistic strategic plan for your business.
- Taking time to work ON your business rather than IN your business.

The programme is subsidised by CORK COUNTY COUNCIL'S ECONOMIC DEVELOPMENT FUND and will run over a 5-month period. To ensure the programmes success, places are limited to just 15 businesses.

> Contact Padraig O' Sullivan on 021 4285140 / 087-773 0019

or Email padraig.osullivan@corkcoco.ie

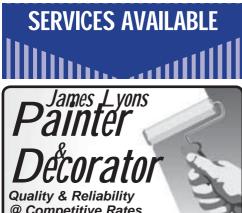
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## ATTENTION EMPLOYERS & BUSINESS OWNERS

## Are you PAT compliant?

PAT (Portable Appliance Testing) is now required by law to be carried out by all employers and business owners under the 2007 Health, Safety & Welfare at Work Act.

Protect your staff, customers and your business by calling us today for more information on being PAT compliant and for a free quotation.

#### Call Patrick Crowe on 087 6494864 or email at info@crolec.ie

## **KINSALE LANDSCAPES**

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Rachel O'Brien formerly of Toni+Guy, Kaizen, Origin & Kinsale. with Stylist Michelle Connolly

> For appointments contact: 021 477 7337





Great opportunity for an experienced Applicant must: Have the flair to provide quality food to a very high standard. Have excellent presentation skills. Be able to work to their full potential as business demands dictate. Have a minimum of 1-2 years experience in a similar role is essential.

HOTE

Applicants must be fluent in English. Applications to be forwarded to Box No. 01/15 c/o Kinsale Advertiser. Emmet Place. Kinsale.

# CHEF WANTED

For busy Kinsale restaurant. 5 mornings a week. Must have a least 4 years experience, fluent in English and fully HACCP trained.

Please apply to Box No. 05/15 c/o Kinsale Advertiser, Emmet Place, Kinsale,

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#### **BAR PERSON** (PART TIME) REOUIRED

Needs to: • Be energetic • Be punctual • Be good with people • Have experience in the industry Have knowledge of cocktail making (not essential but would enhance chance of the position). Apply to Box No. 04/15, c/o Kinsale Advertiser, Emmet Place, Kinsale.

HOUSEKEEPER REQUIRED FOR FAMILY HOME Monday & Friday mornings, 2 hours each morning. €10 per hour. High standards and references essential. Please apply to Box No 06/15, c/o Kinsale Advertiser, Emmet Place, Kinsale.

WALSH PRINT & GRAPHICS **CLONAKILTY** require a **GRAPHIC DESIGNER** with Print Experience for 6 months. Full Time Contract from Apr-Oct.

*Please send CV with covering letter to:* info@walshprint.ie

### NOTICES BUTCH ROBERTS' Deep Sea Angling & Scenic Tours 38ft Aguastar 'Sundance Kid' DOLPHIN & WHALE M: 086 103 6905 WATCHIN 021 477 8054 Min: 6 Persons Weather Permitting www.anglingkinsale.com €25 Per Person

email: info@anglingkinsale.com



# GERMAN GRINDS

bv Native German Speaker

Leaving Cert (Higher & Lower Level)

Call 086 821 8986

**DATE FOR YOUR DIARY KINSALE MUSIC PROMOTIONS** Valentine's Night - 14th Feb **Trudi** Lalor + Joe Cooke & Southern Beat

Further details to follow. Fundraiser for St. Patrick's Day Parade Fund.

ISALE action breast cancer Call for Volunteers!

**Please contact Finishing Services** 71 Main Street, Kinsale. Ph: 021 4773571

A couple of hours of your time makes all the difference. Thank You!





**First Friday Clinics at the** Trident Hotel, Kinsale at 12.30pm.

Clonakilty Office 023 8858770 Bandon Office 023 8843868 Please contact the office as times may vary. FINE GAEL

30 Email: info@kinsaleadvertiser.com Kinsale Advertiser 021 477 4313



#### FRI 30th JANUARY

BACCHUS NIGHTCLUB: DJ Mark, 11.30pm. BLUE HAVEN: King K. FOLKHOUSE: Coloured Souls, 10.30pm. HAMLETS: DI K-CORD: Creative Art Workshop, 2pm - 3.30pm at Kinsale College. **KINSALE BRIDGE** CLUB: Trident Hotel, 10am sharp. Visitors welcome. STRICTLY COME CÉILÍ: Céilí Mór at Actons Hotel. 8pm.

TEMPERANCE HALL: Drum Circle, 7pm.

#### SAT 31st JANUARY

ARMADA: Free Beer. BACCHUS NIGHTCLUB: DJ Sean, 11.30pm. BLUE HAVEN: Aristocrats. FOLKHOUSE: Jo Petit Band, 10pm. HAMLETS: DJ. OSCAR MADISONS: Spend A Penny, 10.30pm. SPANIARD: Jug A Punch, 10pm. ST. MULTOSE CHURCH: John O'Shea, Irish Guitar at 8pm. WHITE HOUSE: Break The Mould, 10.30pm.

#### SUN 1st FEBRUARY

FOLKHOUSE: Kina K. 9pm. HAMLETS: Darren and Friends. 7pm. KINSALE & DOCK ROWING CLUB: The Dock Slip from 12pm. KINSALE BAPTIST CHURCH: Sunday worship at the Temperance Hall, 11am. Theme is "God's Amazing Grace". KINSALE LADIES GAA: "Spring into Shape" Free Family Walk, 2pm.

Free Family Walk, 2pm. Meet at Charles Fort.

#### MON 2nd FEBRUARY

ACTON'S HOTEL: Beacon Initiative meeting for Kinsale retailers at 7pm. BLUE HAVEN: Mike O'Riordan, 9pm. DALTONS BAR: Traditional Irish Music. KINSALE COMMUNITY SCHOOL: Night Classes

commence.

#### MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail.

#### **TUES 3rd FEBRUARY**

APERITIF: Baby Yoga. BLUE HAVEN: Sonnie & Friends, 9pm. KINSALE BRIDGE CLUB: Trident Hotel, 7.30pm. Visitors welcome. KINSALE JOBSEEKERS RESOURCE CENTRE: Red Cross Centre, Church Lane. 10am - 12.30pm. KINSALE TENNIS CLUB: Club Night, 7pm - 9pm.

#### WED 4th FEBRUARY

BLUE HAVEN: Niall McCabe, 9pm. KINSALE COMMUNITY SCHOOL: Night Classes commence. KINSALE TENNIS CLUB: Newcomer's Night, 6pm - 8pm.

#### THUR 5th FEBRUARY

BLUE HAVEN: Clem Buckley (Cadillac Cats) & Ben Dillon (King K), 9pm. CARMELITE FRIARY: HSE: Upskill Your Coping Skills, 2pm - 3.30pm. Admission free. CRACKPOTS:

Film and Supper Night. Booking essential.

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KINSALE TENNIS CLUB: Club Night, 7pm - 9pm. RED CROSS KINSALE: Practical First Aid Course, 7pm. Over 6 nights. WHITE HOUSE: Shane & Friends, 9pm.

#### FRI 6th FEBRUARY

BACCHUS NIGHTCLUB: DJ Mark, 11.30pm. BLUE HAVEN: Barefoot Gypsies, 10pm. CRACKPOTS: Guest Piano Player Dave Murphy. FOLKHOUSE: Niall & The Mike O's. 10.30pm. HAMLETS: DI JIM DALY TO ADVICE CLINIC: Trident Hotel, 12.30pm. KINSALE BRIDGE CLUB: Trident Hotel. 10am sharp. Visitors welcome. KINSALE HISTORY SOCIETY: Annual Dinner, Actons Hotel, 7pm. **TEMPERANCE HALL:** Drum Circle, 7pm. WHITE LADY NIGHTCLUB: 26th Kinsale Scout Group Table Quiz at 8pm. All welcome.

#### MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. R.M.



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# @ The Trident Hotel

### Food Service from Monday - Sunday

Morning Coffee / Afternoon Tea, Homemade Cakes & Scones

#### $\star\star\star\star\star$

Savour the ambience and great food in the Wharf Tavern. Food menu offers a sumptuous selection of dishes. Served from 12noon until 9pm

#### $\star \star \star \star \star$

Our Carvery choices change daily to ensure we can provide a wide variety of dishes and use the best of seasonal Irish produce. Our popular Carvery served daily is a lunchtime

favourite. Served from 12.30 - 2.30pm.

### \*\*\*\*

Shirley's Delicious Homemade Desserts.

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